

Enfield Recreation Dept.

Summer 2015 Programs

Where the FUN is at!!!

News from the Recreation Dept:

With the release of our seasonal program guide, the Recreation Department is feverishly getting ready for summer. The weather is getting warmer and folks are looking for more opportunities to get outside and be active. Why not try something new?

The Recreation Department offers a wide variety of programs for toddlers, youth, teens and adults. If your looking for something the whole family can do together, consider attending one of our *Children's Entertainment Series* performances or the *Annual Summer Carnival*. Even on a budget, Recreation is still an option. We have plenty of free or low cost options; picnic packs, the fishing derby, discount tickets, open swim, swim lessons, & yoga.

Make the most of your summer. As New Englanders we know how quickly it goes by and how long winter can be. We hope to see you this summer at one or more of our many programs!

-The Recreation Staff

Thursday, June 25th

1:00 - 5:00 PM



First Day of Summer Vacation Bash!

School is out for the summer and it's time to have some FUN! The Enfield Recreation is *Where the <u>FUN</u>* is at! In celebration of the first full day of summer vacation we will be hosting a POOL PARTY at the ALAC pool! Join us for...

- Open Swim
- · Cannon Ball Contest
- · Water Relays & Games
- 30 foot Inflatable Slip and Slide
- Music with DJ Tim
- Door prize raffle
- · Free Cotton Candy & Popcorn (while supplies last)

All regular pool rules apply. Youth 10 years and younger must be accompanied by someone at least 16 years of age or older. Anyone going in the pool must be swim tested before being allowed to swim. The pool will open at 12:00 PM. It is strongly recommended that you arrive at the pool between 12-1 pm so you can be swim tested before the event starts.



July is National Parks & Recreation Month!!!

In celebration of National Parks & Recreation Month the Enfield Recreation Department will be hosting special activities during open swim time on Sundays in July at the Angelo Lamagna Center outdoor pool! Best of all these events are FREE with paid open swim admission. Events will be held 12-2 PM.

Sunday July 5th - Cannon Ball Contest

Sunday July 12th - Noodle Day

Sunday July 19th - Beach Ball Day

Sunday July 26th - Water Games and Relays



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Please Don't Wait to Register!

Nothing spoils a good program quicker than everyone waiting until the last minute to register. If there are not enough registrations by a certain date, the program may be cancelled. Coming in on the day the program begins will not resurrect it so please register early.

Have an idea for a Program?

Have you ever wanted to take that certain class or program but don't see it offered anywhere? Do you have a special skill or talent & you'd like to share it with people; we want to hear from you! Please call the Recreation Office and ask to speak to the Assistant Recreation Supervisor. You never know....the program you want to take may just take a phone call!

SPECIAL EVENTS

Children's Entertainment Series

Wednesday Evenings - FREE!!!

A special summer entertainment series for children will be held on Wednesdays at 6:30 PM at **Enrico Fermi High School** in the Auditorium.

Ryan San Angelo July 8, 2015

Get ready to smile, laugh, dance and wonder! Dynamic musician-storyteller Ryan San Angelo brings fun and energetic characters to life with his music and enchanting tales. Author of "Spaghetti Eddie" and "Bye, Bye Balloon" Ryan creates a warm and cozy circle of entertainment with his witty stories and catchy tunes.

T-Bone *July 15, 2015*

TOM STANKUS, or T-BONE to his audiences, is affectionately known as "America's musical Pied Piper;" and has entertained thousands of people since 1978. Maybe it's the child in him that enables T-BONE to connect so well with his audiences. Maybe it's the energy of a runaway freight train. Whatever the reason, and before his audiences realize it, they are clapping, dancing and singing at T-BONE's shows.

The Magic of Christopher July 22, 2015

With over 20 years of experience Christopher has found the right mix of comedy, magic, sarcasm, and one liners to entertain all. His slapstick will get the kids howling. The one liners give the adults a chuckle. All are impressed with the magic!

Casey Carle's BubbleMania! July 29, 2015

An extremely unique program combining high energy entertainment with artistic achievement, **BubbleMania** is loaded with visual comedy, quick wit, big band swing music and the untamed, often unbelievable qualities and beauty of spherical liquids. Casey's creations grow from intricate and imaginative bubble art forms to "trapping" people inside bubbles!



Annual Youth Fishing Derby

Saturday, June 6, 2015

Grab your gear and join us for a morning of fishing! Held at Freshwater Pond, the derby is open to Enfield youth ages 15 and under. Fishing will begin promptly at the 9:00 AM air horn blast and will end at 11:00 AM. Prizes will be awarded for largest fish caught in each age group. NO REGISTRATION NECESSARY. Please note that severe weather will postpone the derby to Sunday, June 7th. If in doubt, contact the Recreation Department at 860.253.6420 for details.

Event Sponsors:

Caronna's Market - Dicks Sporting Goods Enfield Pizza - Enfield Tap Molina's Café - Pearl Street Barber Shoppe Sacred Body Tattoo Gallery - T-Ville Foodmart Yankee Outdoors

Summer Coloring Contest

Youth up to age 13 may participate

Do you love to color? Enter the Enfield Recreation Department's 2nd Annual Summer Coloring Contest. Enfield youth will be able to choose between three pictures to color. You can use many and whichever colors you like. All we ask is that you have fun! Coloring sheets and entry forms will be available at the Recreation Office beginning Monday, June 29th. Entries will be accepted until Friday, August 7th at 5 PM. For complete contest rules visit the Recreation Office or the Recreation Homepage. We look forward to seeing your creations!

Summer Carnival

Thursday, August 6, 2015

Grab your family and friends for an evening of summer amusement! The summer carnival is a fun filled tradition, looked forward to by Enfield residents. There will be games, inflatables, face painting, prizes and more! A great event for children of all ages, the carnival is held at the **Fermi High School tennis courts** from **6:00 - 8:00 PM.** Please note: No pets allowed. *Rain site: Fermi High School Gym.*

July is Parks & Recreation Month!!!



This July in conjunction with the **National Parks and Recreation Association** we're celebrating 30 years of **Park and Recreation Month** and the enduring importance of parks and recreation for the world.

From the start, parks were created to serve the people—to give them a place to appreciate nature, exercise, socialize and have fun. This mission lives on and will continue to intensify into the future. This July, let's celebrate the past, present and future of parks and recreation!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
DID YOU KNOW??? The ALAC pool operates Open Swim 7 days a week from 12:00 - 5:00 PM.			1	2	Recreation Office Closed for July 4th Holiday.	4 ALAC pool is <u>OPEN</u> today! Happy July 4th!
5 Cannon Ball Contest at the Pool.	6 25 & Over Open Gym Basketball at the ALAC 6-9 PM.	7 30 & Over Open Gym Basketball at the ALAC 6-9 PM.	8 Children's Performer at Fermi High School - 6:30 PM.	9	10	11 40 & Over Open Gym Basketball at the ALAC 8- 11 AM.
12 Noodle Day at the Pool.	13 2nd session of Swim Lessons Begins.	14 Babysitter Safety 101 Course.	15 Children's Performer at Fermi High School - 6:30 PM.	16	17 Bus Trip to the New York Yankees Game.	18
19 Beach Ball Day at the Pool.	20 Skyhawks Tiny & Mini Hawks Camps begin.	21 Week three of Summer Sunshine begins.	22 Children's Performer at Fermi High School - 6:30 PM.	23	24	25 Bus Trip to the Boston Red Sox Game.
26 Water Games & Relays at the Pool.	27 3rd session of Swim Lessons Begins.	28	29 Children's Performer at Fermi High School - 6:30 PM.	30	31	

Why not try one of our recreational activities this July???

See this Program Guide for complete details on each program. Pre-registration is required for many of our activities.

Picnic Packs

Picnic packs are available to Enfield residents to use for a maximum of three days. Payment and proof of residency is required to secure your reservation. Reservations must be made in person at the Recreation Department at least 24 hours in advance of equipment pick up. Payment is by cash or check only. Fee: \$12.00 plus a \$20.00 refundable deposit.

Picnic packs are very popular and it is highly suggested that reservations are made as far in advance as possible to help ensure you can get a pack for your desired date.

Rental equipment includes:

Croquet – Badminton – Wiffleball – Lawn Games Horseshoes – Frisbee – Sports Balls Throw Down Bases – Volleyball/Badminton Net

> Picnic packs will be available May 1, 2015 – September 28, 2015.

Reservations began Friday, March 13, 2015

Six Flags New England

The Enfield Recreation Department is selling discounted day tickets to Six Flags New England. One-day passes are good for any day during the 2015 season. All tickets are non-refundable and will be available while supplies last. Tickets go on sale starting in April. Please contact the Recreation Office for details.

> Day Tickets: \$38.00 each Must be purchased by October 15, 2015

PLEASE NOTE: CASH IS THE ONLY FORM OF PAYMENT ACCEPTED.

No refunds are given for lost, stolen, unwanted or unused tickets.

Discount Big E Tickets

The Recreation Department will be selling discounted Big E tickets starting August 3rd. Tickets will be available on a first come, first serve basis and will be available until September 15, 2015. All tickets are non-refundable and will be available while supplies last. Tickets are \$13.00 each, cash only.

2015 BIG E

September 18, 2015 – October 4, 2015 www.thebigE.com

LOCAL SPORTS ORGANIZATION CONTACTS

American Legion Baseball www.ctlegionbball.com

Brian Delano: 860-741-6711

Enfield Little League www.enfieldlittleleague.org

Dave Rancourt: 860-741-3883

Enfield Ramblers www.enfieldramblers.shutterfly.com

Patrick Crowley: 860-745-3671

Enfield Soccer Association www.enfieldsoccer.org

Darren Ketchale: 860-698-9748

Enfield Travel Basketball etba@cox.net (email)

Walt Serafin: 860-614-8772

Girls Softball League www.enfieldgirlssoftball.com

Eric Pease: 860-817-0752

Enfield Youth Wrestling aduperre@enfieldschools.org

Andrew Duperre: 860-508-3659

Enfield Hockey Association www.enfieldhockey.org

Larry Juhasz: 860-763-3283

Enfield Men's Softball jdsc081597@comcast.net (email)

Scott Couture: 413-221-5580

Men's Slo-Pitch Softball jjpitti@yahoo.com (email)

John Pitti: 860-965-0761

Men's Soccer

Al Keenan: 860-930-2033

Women's Softball League ewsL10@gmail.com (email)

Sara May: 860-748-5181

Field Cancellations 860-253-5166

New York Yankees Game

Friday, July 17, 2015

Grab your peanuts and crackerjacks and join the Enfield Recreation Department at the ball game. Travel to New York City to be part of America's favorite pastime as the *Yankees* take on the *Seattle Mariners*.

Trip Includes: Round trip motorcoach transportation and game ticket (400 level grandstand seats). Limit: 48.

The bus will depart the Enfield Town Hall Parking Lot at 2:00 PM (*Please park in the upper lot*) and will arrive in New York City at approximately 5:00 PM. Game time is tentatively scheduled to begin at 7:10 PM. The bus will leave immediately following the game and will be back to Enfield at approximately 1:00 AM.

FEE: \$59.00 per person (Limit 6 tickets per household).

Activity Number: 3608.0935.301

Boston Red Sox Game

Saturday, August 22, 2015

Grab your peanuts and crackerjacks and join the Enfield Recreation Department at the ball game. Travel to Boston to be part of America's favorite pastime as the *Red Sox* take on the *Kansas City Royals*.

Trip Includes: Round trip motorcoach transportation, game ticket in the bleachers section & free time for shopping or dining. Limit 48.

The bus will depart the Enfield Town Hall Parking Lot at 2:00 PM and will arrive in Boston at approximately 4:30 PM. Game time is tentatively scheduled to begin at 7:10 PM. The bus will leave immediately following the game and will be back to Enfield at approximately 12:30 AM.

FEE: \$73.00 per person (limit 6 per household).

Activity Number: 3608.0935.303

Boston Red Sox Game

Saturday, July 25, 2015 (Please note change in game time)

Grab your peanuts and crackerjacks and join the Enfield Recreation Department at the ball game. Travel to Boston to be part of America's favorite pastime as the *Red Sox* take on the *Detroit Tigers*.

Trip Includes: Round trip motorcoach transportation, game ticket in the bleachers section & free time for shopping or dining. Limit 48.

The bus will depart the Enfield Town Hall Parking Lot at 11:00 AM and will arrive in Boston at approximately 1:30 PM. Game time is tentatively scheduled to begin at 4:05 PM. The bus will leave immediately following the game and will be back to Enfield at approximately 10:30 PM.

FEE: \$73.00 per person (limit 6 per household).

Activity Number: 3608.0935.302

No refunds are given for trips unless they are cancelled by the Recreation Department. Participants must find a replacement if they cannot attend the trip. If the Recreation Department can fill your spot we will issue a **program credit** minus the 10% processing fee.

Ticketed Trips/Outdoor Destinations: Trips are held rain or shine. If weather is a concern, the Recreation Department will find out if the venue is still open. If at the departure time of the trip game/show/venue is open, we will depart. If upon or after arrival the game/show/venue cancels or postpones your ticket will be valid for the make-up date per venue policy. The department will not provide additional transportation for the make-up date. If the venue cancels prior to the departure time we will attempt to re-book with the bus company to provide transportation. If transportation cannot be rescheduled the transportation portion of your payment will be refunded and you will be responsible for transportation for the make-up date. Refunds are not given because the participant cannot find their own transportation for the make-up date.

BUS TRIP GUIDELINES:

- All seats are sold on a first come, first serve basis. There are no reserved seats on the bus. Each traveler has paid for one seat and must share the one beside them. Please note the right and left front seats are reserved for the trip chaperones.
- Children must be at least 5 years of age. An adult must accompany anyone under the age of 18.
- Bus trips are family friendly, no alcoholic beverages are allowed on the bus
- In general, brief stops are made at fast food restaurants when the travel time is over 3 hours. Rest stops to and from the destination are at the discretion of the Tour Director.
- Trips depart promptly at the time listed in the brochure. The Recreation Department is not responsible for those who miss the bus to and from the destination. Please arrive for all departures no later than 10 minutes prior to the scheduled departure time.
- A movie is shown on the bus to and from the trip destination. Movies are rated G or PG.
- We typically use a 50 passenger coach bus equipped with a restroom and air conditioning. Most trips fill to capacity. Register early.
- Trips depart & return to the Town Hall parking lot unless otherwise stated. Please park in the upper lot at Town Hall.
- Bus driver gratuity will be collected on the bus during the return trip home.
- Due to trip popularity there is a registration limit of six spots per household
- Tickets provided to participants as part of the bus trip are distributed on the bus the day of the trip. Tickets cannot be picked up prior to the departure day.
- Some trips involve substantial walking or climbing of stairs. If this is a concern for you please contact the office <u>BEFORE</u> you register to inquire about the walking/stairs involved.
- The Recreation Department welcomes persons with disabilities in all programs. If you require special accommodations please contact our office as early as possible so we will know how to best serve you.

Preschool Programs

Tiny-Hawks Ages 3 & 4

Skyhawks multi-sport camp helps children fine-tune their motor skills in soccer or basketball. No pressure, just lots of fun while these little athletes learn the basics through unique Skyhawks games & activities. Skyhawks staff is committed to creating a positive introduction to sports. Parent participation is encouraged. Participant-to-coach ratio is approximately 6:1. Participants should wear comfortable clothing, sneakers, and bring a water bottle. Limit 12.

Dates: Monday - Friday, July 20 - 24

Time: 9:00 – 9:45 AM

Fee: \$65.00 Resident / \$75.00 Non-Resident **Location**: Angelo Lamagna Activity Center Gym

Activity Number: 3602.0228.401

Small Samurai Martial Arts

3 – 5 years old

Discover the Small Samurai program which is especially designed for preschoolers and kindergarteners. Children will learn the basics of martial arts, while also being introduced to character development topics. **Limit 10.**

Dates:

Session One: Mondays & Wednesdays, July 6 – 29 Session Two: Tuesdays & Thursdays, August 4 – 27

Times:

Session One: 4:00 - 4:30 PM Session Two: 5:00—5:30 PM

Fee: \$49.00 Resident / \$59.00 Non-Resident Location: Integrity Martial Arts, 585 Hazard Avenue Activity Numbers: Session One: 3602.0222.401 Session Two: 3602.0222.402

Playgroup Ages 5 and under

There will be <u>NO PLAYGROUP</u> during the summer. Playgroup will re-open in the fall. Call the Recreation Department at the end of August for an exact start date.

Preschool Ballet Classes

Ages 3 - 4 years old

Have your child participate in this wonderful dance experience! These classes are a great way to introduce your child to ballet. They will learn creative ways to express themselves through music, dance and movement. Classes will focus on skills and techniques for a young dancer. Participants should dress in dance wear of any color & style or in fitted comfortable clothing with ballet slippers or socks. Limit 12.

Dates:

Session One: Mondays, July 6 – 27 Session Two: Mondays, August 3 – 24

Time: 5:30 – 6:00 PM

Fee: Resident: \$35.00 / Non-Resident: \$43.75 Location: Dance Amore, 155 Hazard Ave, Enfield, CT Activity Numbers: Session One: 3602.0704.401 Session Two: 3602.0704.402



Looking for information on
Enfield's Annual
4th of July Celebration?
Visit www.enfieldcelebration.org
for complete event information.

Preschool & Youth Programs

Summer Sunshine Program Ages 3 - 6 years old

Looking for something your youngster can do a few hours a week? Summer Sunshine is the program for them. A great introduction to a "camp type" setting, your child will never be bored with this program! Activities include crafts, games, sports & more. With limited space, your child will have a lot of one-on-one attention. **Limit 12 per session.**

Due to popular request, 3 year olds who have completed a year of pre-school will be allowed to register for the Summer Sunshine program. Proof of participation in a licensed pre-school program must be provided before registration will be allowed. For more information contact the Recreation Office.

Program Details:	Sessions:	Activity Number:
Time: 9:00 AM - 12:00 PM	Week One: July 7, 8, 9,	3602.0430.401
Location: Angelo Lamagna Activity Center	Week Two: July 14, 15, 16	3602.0430.402
Fee: \$45.00 Resident / \$56.25 Non-Resident (per week)	Week Three: July 21, 22, 23	3602.0430.403
	Week Four: July 28, 29, 30	3602.0430.404
	Week Five: August 4, 5, 6	3602.0430.405

Program Guidelines - Please be mindful of the following before you bring your child to the Summer Sunshine Program...

- Your child should wear comfortable play clothes and wear sneakers to the program.
- Participants will have snack time at the program. Please pack a drink and snack each day. Snacks that contain nuts are not allowed.
- Parts of the program may be held outdoors, however it is held rain or shine.
- Staff is trained in CPR/First Aid & Epi-pen administration. Please let us know in an advance if your child has any special needs.
- Swimming lessons are <u>not</u> included in this program.
- Participants whose behavior interferes with the program may be subject to dismissal.
- All participants must be potty trained to participate in the program.

Babysitter Safety 101 Course

Ages 10 - 15 years old

This is an entry level course intended to teach age appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. Participants should bring a snack and drink with them to class. All participants will receive a CD book, handouts and *Babysitter Safety* Certificate. **Limit: 14**

Dates:

Session One: Tuesday, July 14, 2015 3604.0103.401 Session Two: Tuesday, August 4, 2015 3604.0103.402

Time: 9:00 AM – 1:00 PM

Fee: \$46.00 Resident/\$57.50 Non-Resident **Location:** Angelo Lamagna Activity Center

Advanced Babysitter Safety 102 Course Ages 13 - 16 years old

This course is for teens with a sincere interest in advanced concepts and skills of First Aid including CPR certification. Prerequisite is Babysitter Safety 101 within the past 360 days. Building on the entry level skills, objectives for this scenario based, expanded course includes additional First Aid concept, Adult/Child and Infant CPR. Requires written and skills testing to be awarded an American Heart Association 2 year certification. Includes CD-book, handouts, and Rescue Shield breathing barrier device. Limit: 14.

Date: Tuesday, August 4, 2015

Time: 2:00 – 5:00 PM

Fee: \$46.00 Resident/\$57.50 Non-Resident **Location:** Angelo Lamagna Activity Center

Activity Number: 3604.0103.403

Youth Programs

Mini-Hawks Multi-Sport Camp

Ages 4 – 6 years old

This multi-sport camp allows young children to explore soccer, baseball, and basketball in a day-program setting. There is no pressure -- just lots of fun while young athletes participate in all three sports through unique *Skyhawks* games. The Mini-Hawk coaching staff is trained to meet the specific needs of young children and is committed to helping them start off on the right foot as they venture into athletics. The participant-to-coach ratio is approximately 8:1. Participants should wear appropriate clothing including athletic apparel & sneakers. In addition they should bring a snack or two and a water bottle. Shin guards are *recommended* but not required. **Limit 16.**

Dates: Monday - Friday, July 20 - 24

Time: 10:00 AM - 1:00 PM

Fee: \$109.00 Resident / \$119.00 Non-Resident Location: Angelo Lamagna Activity Center Gym

Activity Number: 3603.0228.401

Tennis Camp 7 - 12 years old

Grab your tennis racquet and get ready to play! Whether you're a beginner, an intermediate or an advanced player, this program will improve your game and help you get more enjoyment from tennis. Skyhawks tennis programs focus on skill refinement as well as practice and match play to develop consistent, well-rounded tennis players. Skyhawks staff break down the fundamental skills of tennis through easily understood games and exercises to help improve the athlete's overall coordination and technique. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. In addition to developing a love for tennis, athletes will learn the rules and etiquette that make tennis such an exciting game to play. Participants should bring a water bottle, 2 snacks, youth tennis racket and wear appropriate clothing/footwear. Limit 17.

Date: Monday - Friday, July 27 - 31

Time: 9:00 AM - 12:00 PM Fee: \$109.00 Resident / \$119.00 Non-Resident

Location: Fermi High School Tennis Courts **Activity Number**: 3603.0228.402

Youth Basketball Camp

7 - 10 years old

Skyhawks basketball camp breaks down this exhilarating sport into fundamental skills that all athletes, no matter their skill level, need to succeed. Coaches will lead the athletes through game-speed drills and exercises, focusing on ball handling, passing, shooting, defense, and rebounding. The participant-to-coach ratio is approximately 10:1. Participants should wear appropriate clothing including athletic apparel & sneakers. In addition they should bring a snack or two and a water bottle. Limit 20.

Date: Monday - Friday, July 13 – 17

Time: 9:00 AM - 1:00 PM

Fee: \$115.00 Resident / \$125.00 Non-Resident Location: Angelo Lamagna Activity Center Gym

Activity Number: 3603.0228.403

Intermediate Teen Basketball

Camp 10 - 14 years old

This fun, skill-intensive *Skyhawks* program is designed with the intermediate player in mind. Using our progressional curriculum and focusing on the whole player, we teach your child the skills they need both on and off the court to be a better athlete. Our sport specific staff will focus on respect, teamwork and responsibility as they will start each day with a 'skill of the day' and progress into drills and games making for an unforgettable camp experience for your young athlete. After a week of passing, shooting, dribbling and rebounding you will see why this is one of our most popular programs. Participants should wear appropriate clothing including athletic apparel & sneakers. In addition they should bring a snack or two and a water bottle. **Limit 25.**

Date: Monday - Friday, August 3 - 7

Time: 9:00 AM - 1:00 PM

Fee: \$115.00 Resident / \$125.00 Non-Resident **Location**: Angelo Lamagna Activity Center Gym

Activity Number: 3603.0228.404

Youth Programs

Field Hockey Camp Grades 5 - 8

Interested in learning more about the game of Field Hockey? This program will introduce and teach the basic skills of field hockey including stick and ball handling, passing, receiving, shots and game rules. The camp will focus on skills and drills as well as concentrate on game play. *Please Note:* Participants must bring shin guards, mouth guard and field hockey stick. A limited supply of sticks is available to borrow if you do not have one. **Limit 20.**

Dates: Monday – Friday, July 27 - 31 **Times:** 9:30 AM – 12:00 PM

Fee: \$30.00 Resident/\$37.50 Non-Resident

Location: Fermi High School Field **Activity Number:** 3603.0228.405

Learn to Skate Ages 5 & Up

It may be hot outside but it's a great time to enjoy this classic winter pastime. This program is for children 5 and up who are interested in learning to ice skate. Learn to Skate offers group instruction of basic ice skating skills including skating forwards, backwards, spins and jumps. No previous experience is required. Fee includes skate rental. Children ages 8 & under are required to wear a helmet. **No Limit.**

Dates: Mondays, July 13 - August 10

Time: 5:00 – 5:50 PM

Location: Enfield Twin Rinks, 1 Prior Road **Fee**: \$99.00 Resident / \$109.00 Non-Resident

Activity Number: 3603.0272.401

Mark Your Calendars!

ENFIELD YOUTH
BASKETBALL LEAGUE
INFORMATION WILL BE OUT
IN EARLY SEPTEMBER.

www.enfield-ct.gov/recreation



Beginner Martial Arts

Ages 6 - 10 years old

Discover the excitement of the martial arts while learning about Respect, Discipline and Self-Control. Participants will learn basic martial arts techniques, as well as how to apply character development to their everyday

lives. Limit 10.

Dates:

Session One: Mondays & Wednesdays, July 6-29 Session Two: Tuesdays & Thursdays, August 4-27

Times:

Session One: 4:30 - 5:00 PM Session Two: 5:30 - 6:00 PM

Fee: \$49.00 Resident / \$59.00 Non-Resident Location: Integrity Martial Arts, 585 Hazard Avenue Activity Numbers: Session One: 3603.0222.401 Session Two: 3603.0222.402

Pool Information

Summer 2015

The Enfield Recreation Department operates two pools during the summer months. The outdoor pool is located behind the Angelo Lamagna Activity Center on North Main Street and an indoor pool at John F. Kennedy Middle School on Raffia Road. Enfield residents may purchase a picture ID summer pool pass at the Recreation Office or pay the daily fee at the gate. Season passes are valid June 24 – August 14 (weather permitting). See below for additional information on hours of operation and fees. The outdoor pool will be open on July 4th.

Open Swim Dates

Angelo Lamagna Activity Center Pool Open Sunday - Saturday June 24 - August 14

Daily Pool Schedule: Monday - Friday

Angelo Lamagna Activity Center Pool

12:00 - 5:00 PM Open Swim 5:15 - 7:50 PM Swim Lessons

JFK Middle School Pool

8:50 AM - 12:35 PM Swim Lessons

Daily Pool Schedule: Saturdays & Sundays

Angelo Lamagna Activity Center Pool Open Swim: 12:00—5:00 PM

Open Swim Pool Fees

Season Passes:

Residents Only
Youth (ages 17 & under): \$10.00
Adult (ages 18 & over): \$20.00

Family (parents, children under 18 & college students): \$30.00

Daily Fees

Youth: Resident: \$.50 Non-Resident: \$1.00 Adult: Resident: \$1.00 Non-Resident: \$1.50 Family: Resident: \$2.00 Non-Resident: \$2.50



Security Notice: Swim Lessons at JFK Middle School

During the summer months the Enfield Recreation Department offers a variety of programs at JFK Middle School in addition to sharing the building with other outside programs. In an effort to keep participants and their families safe everyone entering the building is required to sign in and wear a visitor badge while in the building. Please allow yourself a few extra minutes before the scheduled start of your program to sign in and receive a badge. All swim lesson participants and their families should enter the school through the door next to the gym. Thank you.

Progressive Swim Lesson Levels

Progressive lessons are for children 5 - 16 years old. Children must pass the current level to move on to the next level based on skills below.

Limit 8 children per class.

Minnows:

Pool rules, Warm-up swims, 5 bobs, Jump into the shallow end and swim to the side safely, Jump in with help from teacher, Swim ½ lap of the pool, Swim with a bubble/barbell & noodle, Kick with pointed feet.

Tigerfish:

Jump in the deep end, Swim 1 lap of the pool, Swim 1 lap with a bubble/barbell & noodle, Front float & Back float, 10 bobs.

Stingrays:

Sit-dive, Swim 2 laps of the pool, Basic reaching assist, 15 bobs, Kick on back with pointed feet.

Marlins:

Kneeling dive, Tread water for 1 minute, Survival float for 1 minute, Kick (1) lap streamline position with straight legs on back & on front, One lap rhythmic breathing with a barbell with proper arms, Roll back to front & front to back, Coordinate arms and legs to do the backstroke, Have the strength to swim backstroke.

Barracudas:

Standing dive, surface dive, tread water for 2 minutes, survival float for 2 minutes, backstroke/crawl stroke/ sidestroke/breaststroke & butterfly two laps of the pool each.

Dragonfish:

Standing shallow dive, tread water for 3 minutes, survival float for 3 minutes, perform basic rescue tube skills, swim crawl/backstroke/breaststroke and butterfly for two laps, Coordinated the breaststroke and the butterfly.

General Information

Swim lessons are offered Monday through Friday for two week sessions. You may sign up for as many sessions as you would like; however, if you sign up in an incorrect level and need to be transferred, the 10% service charge will apply. Transfers can only be made if spaces are available in the level you need to transfer to.

Session Dates

Session One: June 29 – July 10 no 7/3

Session Two: July 13 – 24 Session Three: July 27 – August 7

Lesson Fees

Resident: \$38.00 per session Non-Resident: \$47.50 per session

Cancelled Swim Lessons: Due to the weather sometimes swim lessons have to be cancelled. Classes are run in two week sessions. The Recreation Department will make up missed classes if less then 8 classes are held. Participants may call the cancellation hotline at 860.253.6420 to find out if class is being held or not.

Pre-Registration Testing Night

If you are interested in registering your child for progressive swim lessons this summer and don't know what level you should sign them up for, join us on...

Thursday, May 14th from 5:30 - 7:30 PM at the JFK Middle School Pool.

At this time your child will be swim tested by our Red Cross Certified Lifeguards and told what level you should sign your child up for.

Preschool Swim Levels

Preschool Swim classes are for children 6 months to 4 years old.

Please note the age restrictions for each level.

<u>Waterbabies</u>: This is a parent/child class. For children ages 6 months to 3 years old. Students will become comfortable in the water using toys and songs. Children who are not potty trained must wear a swim diaper while in the pool.

<u>Guppies</u>: For children ages 3 to 4 years old. Students will learn pool rules, water safety, water adjustment and basic swim strokes. Participants must be potty trained to participate in this class.

Swim Lessons

Level	Session	Pool	Time	Activity #
Waterbabies	2	JFK	12:05 - 12:35 PM	3601.0629.401
Guppies	1	JFK	8:50 - 9:20 AM	3602.0629.401
Guppies	1	JFK	12:05 - 12:35 PM	3602.0629.402
Guppies	1	ALAC	5:15 - 5:45 PM	3602.0629.403
Guppies	2	JFK	8:50 - 9:20 AM	3602.0629.404
Guppies	2	ALAC	5:15 - 5:45 PM	3602.0629.405
Guppies	3	JFK	8:50 - 9:20 AM	3602.0629.406
Guppies	3	JFK	12:05 - 12:35 PM	3602.0629.407
Guppies	3	ALAC	5:15 - 5:45 PM	3602.0629.408
Minnows	1	JFK	9:25 - 10:00 AM	3603.0629.401
Minnows	1	JFK	10:05 - 10:40 AM	3603.0629.402
Minnows	1	JFK	10:45 - 11:20 AM	3603.0629.403
Minnows	1	JFK	11:25 - 12:00 PM	3603.0629.404
Minnows	1	ALAC	5:50 - 6:25 PM	3603.0629.405
Minnows	1	ALAC	6:30 - 7:05 PM	3603.0629.406
Minnows	2	JFK	9:25 - 10:00 AM	3603.0629.407
Minnows	2	JFK	10:05 - 10:40 AM	3603.0629.408
Minnows	2	JFK	10:45 - 11:20 AM	3603.0629.409
Minnows	2	JFK	11:25 - 12:00 PM	3603.0629.410
Minnows	2	ALAC	5:50 - 6:25 PM	3603.0629.411
Minnows	2	ALAC	6:30 - 7:05 PM	3603.0629.412
Minnows	3	JFK	9:25 - 10:00 AM	3603.0629.413
Minnows	3	JFK	10:05 - 10:40 AM	3603.0629.414
Minnows	3	JFK	10:45 - 11:20 AM	3603.0629.415
Minnows	3	JFK	11:25 - 12:00 PM	3603.0629.416
Minnows	3	ALAC	5:50 - 6:25 PM	3603.0629.417
Minnows	3	ALAC	6:30 - 7:05 PM	3603.0629.418
Tigerfish	1	JFK	9:25 - 10:00 AM	3603.0629.419
Tigerfish	1	JFK	10:05 - 10:40 AM	3603.0629.420
Tigerfish	1	JFK	11:25 - 12:00 PM	3603.0629.421
Tigerfish	1	ALAC	6:30 -7:05 PM	3603.0629.422
Tigerfish	2	JFK	9:25 - 10:00 AM	3603.0629.423
Tigerfish	2	JFK	10:05 - 10:40 AM	3603.0629.424
Tigerfish	2	JFK	11:25 - 12:00 PM	3603.0629.425
Tigerfish	2	ALAC	6:30 -7:05 PM	3603.0629.426
Tigerfish	3	JFK	10:05 - 10:40 AM	3603.0629.427
Tigerfish	3	JFK	11:25 - 12:00 PM	3603.0629.428
Tigerfish	3	ALAC	6:30 -7:05 PM	3603.0629.429
Stingrays	1	JFK	9:25 - 10:00 AM	3603.0629.430
Stingrays	1	JFK	10:45 - 11:20 AM	3603.0629.431
Stingrays	1	JFK	11:25 - 12:00 PM	3603.0629.432
Stingrays	1	ALAC	6:30 - 7:05 PM	3603.0629.433
Stingrays	2	JFK	9:25 - 10:00 AM	3603.0629.434

Level	Session	Pool	Time	Activity #
Stingrays	2	JFK	10:45 - 11:20 AM	3603.0629.435
Stingrays	2	JFK	11:25 - 12:00 PM	3603.0629.436
Stingrays	2	ALAC	6:30 - 7:05 PM	3603.0629.437
Stingrays	3	JFK	10:45 - 11:20 AM	3603.0629.438
Stingrays	3	JFK	11:25 - 12:00 PM	3603.0629.439
Stingrays	3	ALAC	6:30 - 7:05 PM	3603.0629.440
Marlins	1	JFK	10:05 - 10:40 AM	3603.0629.441
Marlins	1	ALAC	5:50 - 6:25 PM	3603.0629.442
Marlins	2	JFK	10:05 - 10:40 AM	3603.0629.443
Marlins	2	ALAC	5:50 - 6:25 PM	3603.0629.444
Marlins	3	JFK	9:25 - 10:00 AM	3603.0629.445
Marlins	3	JFK	10:05 - 10:40 AM	3603.0629.446
Marlins	3	ALAC	5:50 - 6:25 PM	3603.0629.447
Barracudas	1	JFK	10:45 - 11:20 AM	3603.0629.448
Barracudas	1	ALAC	5:50 - 6:25 PM	3603.0629.449
Barracudas	2	JFK	10:45 - 11:20 AM	3603.0629.450
Barracudas	2	ALAC	5:50 - 6:25 PM	3603.0629.451
Barracudas	3	JFK	9:25 - 10:00 AM	3603.0629.452
Dragonfish	3	JFK	10:45 - 11:20 AM	3603.0629.453
Dragonfish	3	ALAC	5:50 - 6:25 PM	3603.0629.454

REASONS TO SIGN UP FOR SWIMMING LESSONS...

- 1. Swim lessons can reduce the risk of drowning.
- 2. Swimming builds body strength.
- 3. Swimming helps kids do better in school.
- 4. Swimming is a life long sport. You can do it at any age.
- 5. Swim lessons is a great place to make new friends.
- 6. Lessons help eliminate the fear of water.



Aquatics Programs

Adult Lessons Ages 16 & up

It's never too late to learn how to swim! Lessons are provided in a small group setting with an experienced instructor. Ideal for those starting their swimming journey to those seeking a technique refresher to increase their swimming efficiency. Classes are held Monday – Friday in two week sessions with an eight class guarantee. Limit 9 per session.

Session Dates:

 June 29 – July 10 no class 7/3
 3605.0629.401

 July 13 – 24
 3605.0629.402

 July 27 – August 7
 3605.0629.403

Time: 7:10 – 7:50 PM

Fee: \$49.00 Resident / \$61.25 Non-Resident **Location**: Angelo Lamagna Activity Center Pool

Dolphins Swim Team

The Recreation Department offers a recreational swim team during the months of May, June, July & August. For complete registration information please visit the Recreation Homepage on the Town's website, www.enfield-ct.gov/recreation.





In an effort to expand the Recreation Department's aquatics program offerings we have begun a lifeguard staff recruitment campaign. We are looking for both currently certified Red Cross Lifeguards as well as

people who are not certified who are interested in becoming a lifeguard.

Individuals who are not certified can become certified through the Recreation Dept. at a significantly reduced rate. To qualify for the lifeguarding class interested individuals must submit a pre-employment screening form by July 10th to the Recreation Office. The Aquatics Director will contact applicants to set up a brief interview and a in water pre-test. Individuals may only register after acceptance by the Aquatics Director. For more details contact the Recreation Office at 860.253.6420.

Lifeguarding Class Ages 15 & up

Instruction will cover American Red Cross Lifeguarding, First Aid, and CPR. <u>Attendance is required for all classes</u>. **Limit 10.**

Dates: Monday - Friday, August 3 - 14

Time: 9:00 – 11:45 AM

Fee: \$50.00 Resident / \$62.50 Non-Resident **Location:** Angelo Lamgana Activity Center Pool

Activity Number: 3604.0620.401

Being a Lifeguard...The Benefits are Endless!!!

- Learn responsibility
- Maintain fitness level
- Sharpen reflexes
- Improve communication skills
- Learn diplomacy
- HAVE FUN
- Be part of a team
- Feel good about your job & yourself
- Be a good role model
- Interact with the public
- Make new friends
- Earn Money
- Keep Pool Users Safe!

The first step to becoming a lifeguard is getting certified.

Don't delay, sign up today!

Please note: Taking the lifeguard class does not guarantee employment.

Adult Programs

Adult Open Gym Basketball Information

The Enfield Recreation Department hosts Open Gym Basketball time for adults 25 and over. Participants must show proof of age and residency to participate in addition to having a program waiver on site where they participate. There is a nightly fee for these programs.

 25 & Over
 30 and Over
 40 and Over

 Day: Mondays
 Day: Tuesdays
 Day: Saturdays

 Time: 6:00 - 9:00 PM
 Time: 6:00 - 9:00 PM
 Time: 8:00 - 11:00 AM

Location: Angelo Lamagna Activity Center Gym

Dates: July 6 - August 29

Fee: \$2.00 Residents \$2.50 Non-Residents

Reminder: Purchase a punch card good for any open gym offered above. Fee is \$20.00 for Residents & \$25.00 for Non-Residents. Card is good for 10 visits and never expires. See staff member for details.

Please note that if the gym gets over crowded, residents will get first priority to play.

Yoga Ages 18 & Over

No matter if you have never taken yoga or you've been practicing for years this class is for you! Release stress and improve personal well being this summer. Yoga will bring balance, breath awareness, stamina, and flexibility to the body and mind. Students will be able to work at their own level, modifying poises as needed. Participants are encouraged to bring a yoga mat to class. Class is held in an air conditioned room. **Limit 18**.

Day & Time: Tuesdays, July 7 – August 25

Time: 6:15 – 7:15 PM

Fee: \$30.00 Resident / \$37.50 Non-Resident

Activity Number: 3605.0337.401

Location: Angelo Lamagna Activity Center Mirrored

Room



Adult Sports Leagues

Adult Basketball League Ages 40 & Over

The Enfield Recreation Department hosts a 40 and over adult recreational basketball league. Players must meet the age requirement of the league as of January 1, 2016. Space is limited in the league.

Co-Ed Volleyball League Ages 18 & Over

The Enfield Recreation Department hosts an adult volleyball league for adults 18 and over. Players must meet the age requirement of the league as of January 1, 2016. Space is limited in the league.

Team packets will be available for Adult Sports Leagues starting in September online at www.enfield-ct.gov/recreation

For questions or more information contact the Enfield Recreation Department at 860.253.6420.

Registration Information

Contact Us:

At the Office:

Monday - Friday 9:00 AM - 5:00 PM

Angelo Lamagna Activity Center 19 North Main St. Enfield, CT 06082

By Phone:

Voice: 860-253-6420 Fax: 860-253-5147

On the Web:

WWW.ENFIELD-CT.GOV

IMPORTANT DATES:

Resident Registration Begins:

May 15, 2015 9:00 AM

Non-Resident Registration Begins:

May 22, 2015 9:00 AM

Note: Registration will **not** be accepted before the initial registration date and phone registrations will **not** be accepted. All fees must be paid at the time of registration.



Convenient Ways To Register...

Online: Online registration will begin on May 15th at 9:00 AM. Log onto the Town's website at www.enfield-ct.gov/recreation, click on the blue "Online Program Registration" button on the Recreation home page. Online registration is on a first come, first served basis and accepts standard credit cards only (debit cards are not accepted). Visit the website anytime to create an online account.* Please print a receipt when registering online. No further notification will be sent.

Walk-in: Registrations will be accepted at the Recreation Department beginning at 9:00 AM on **May 15th**. Walk-in registrations will be processed on a first come, first served basis. Cash, check, or money order will be accepted as forms of payment. Proof of residency is required.

Mail-in: Registrations will be processed on a random basis as time permits beginning **May 15th**. Incomplete registration forms will NOT be processed until all items are received. The Enfield Recreation Department is NOT responsible for lost or untimely mail delivery. Please follow the directions below for mail-in registrations.

- Complete the registration form.
- Include a separate check for each program payable to "Enfield Recreation Department" unless otherwise noted in description.
- Include a self-address stamped envelope or email address so we may send you a confirmation.
- Include a photocopy of proof of residency. Acceptable forms of ID are: valid driver's license, tax bill, utility bill, renter's/homeowner's agreement. For our complete residency policy please visit our website or contact the Recreation Office. Please note checks are not considered proof of residency.
- Mail the registration form, check(s) or money order(s), self-addressed stamped envelope and proof of residency to Recreation Office located at 19 North Main Street, Enfield, CT 06082.

NOTE: If you have not received your confirmation within 10 business days of the registration start date, please contact the Recreation Department.

The Recreation Department welcomes persons with disabilities in all programs and services. Please call our office two weeks prior to the program start date so that we will know how to best serve you.

Please Note:

The parent or legal guardian must register their child. We will <u>not</u> accept notes allowing friends, grandparents, etc., to register a child. A parent's or legal guardian's signature is required for all children's programs.

Attention Parents

Classroom/Pool: Parents are asked to leave the classroom and pool area after the first class but are invited back for the last class. This rule is for the safety of your child. Children tend to be distracted if parents are allowed to stay. Instructors need a child's full attention for them to benefit from a class

Residency Policy

The Recreation Dept. does observe a residency policy. For complete policy information see the Town website or call the Rec. Office.

Cancellations & Postponements

Cancellations and postponements will be announced on "WFSB" Channel 3, or call the Recreation Department recording at 860.253.6420

The department reserves the right to set a maximum for each program and to cancel any program due to low enrollment.

Withdrawal Policy

Due to limited space in our programs, refunds are not given unless for a medical reason upon receipt of a doctors note. A program credit to be used for another recreation program may be given on a case by case basis. Please note there are no refunds given on bus trips unless we can fill your spot(s).

If you would like to request a withdrawal from a program, you must fill out a withdrawal request form and submit it to the Recreation Department as soon as possible with any pertinent documentation attached. Your request will be processed in 7 - 10 business days.

A 10% processing fee will be charged on all withdrawals/credits and transfers. Withdrawal request forms may be found on the town's website and at the Recreation Office.